Review article

• Jang Soo Yook / Minchul Lee
Potential role of phytochemicals in brain plasticity: Focus on polyunsaturated fatty acids

Short communication

• Yeram Park / Inkwon Jang / Hun-Young Park / Jisu Kim / Kiwon Lim
Hypoxic exposure can improve blood glycemic control in high-fat diet-induced obese mice

Original articles

• Yong-In Ju / Hak-Jin Choi / Kazuhiro Ohnaru / Teruki Sone
Differential effects of jump versus running exercise on trabecular bone architecture and strength in rats

• Sinwook Lee / Gyuseog Hong / Wonil Park / Jaeseong Lee / Nahyun Kim
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The effect of short-term creatine intake on blood lactic acid and muscle fatigue measured by accelerometer-based tremor response to acute resistance exercise

• Yena Bong / Wook Song
The effects of elastic band exercises and nutritional education on frailty, strength, and nutritional intake in elderly women

• Insu Kwon
Angiotensin-converting enzyme gene insertion/deletion polymorphism is not associated with BMI in Korean adults

• Hun-Young Park / Won-Sang Jung / Hyejung Hwang / Sung-Woo Kim / Jisu Kim / Kiwon Lim
Predicting the resting metabolic rate of young and middle-aged healthy Korean adults: A preliminary study

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